



## Celebrating April

Stress Awareness Month

Physical Wellness Month

Occupational Therapy  
Month

Good Friday  
*April 3*

Easter Sunday  
*April 5*

Tax Day  
*April 15*

National Volunteer Week  
*April 19-25*

World Amateur Radio Day  
*April 18*

Earth Day  
*April 22*

Administrative  
Professionals Day  
*April 22*

Arbor Day  
*April 24*



## Activities in Action

Hello from Activities!! 🌸 🐰 🎨

April is HERE and we are so excited — Easter is right around the corner!

Join us on April 4th for a fun-filled day with your loved ones! Take photos with the Easter Bunny 📸 and bring the kids (10 & under) for our Annual Easter Egg Hunt at 2:00 PM 🥚 ✨

✨ NEW this year: A Bounce House from 1:00 PM – 2:30 PM!

We have a fun month ahead with Easter egg dyeing, Good Friday Service with Destiny, painting, games (“What’s in the Bag?” is back!), and learning about Earth Day & Arbor Day 🌍

🎵 Plus, enjoy music from Bob & Clay, Dave Poggenklass, Janet Lieb, Bill Stock, and Mark Beck!

🌸 A big thank you for Administrative Professionals Day to Trudi Schnell, who is learning the ropes, and Leslie Popham in her new Director role at Lincolnwood — we appreciate you both!

💛 April 19–25 is National Volunteer Week — thank you to our amazing volunteers for all you do!

📺 Follow us on Facebook & visit:  
[www.edgewoodconvalescenthome.com](http://www.edgewoodconvalescenthome.com)

*Destiny Ortman*  
*Recreation Program Director*

## Nursing News

April brings us *World Health Day*, observed each year on April 7 and led by the World Health Organization (WHO). This day is dedicated to raising awareness about global health and the well-being of individuals and communities around the world.

In long-term care settings, World Health Day holds special meaning for our residents, families, and staff. It reminds us of the importance of providing compassionate care ❤️, supporting both physical and emotional health, and maintaining a safe and comfortable environment for those who call our facility home.

This day also highlights how important it is for families, caregivers, and staff to work together 🤝. Through communication, involvement, and support, we can enhance each resident's quality of life while promoting dignity, comfort, and overall wellness every day 💚 ✨.

*Wynn Christen RN*  
*Director of Nursing*

## Thoughts from the Administrator

🌸 *Welcome Spring!* 🌸

With the arrival of spring, we welcome longer days, warmer sunshine, and the beauty of nature coming back to life. After the quiet months of winter, this season brings a renewed sense of energy and optimism. The changing season reminds us how important it is to appreciate the little things—fresh air, blooming flowers, and time spent together. Here at our community, we look forward to enjoying the brighter days ahead with our residents through outdoor walks, seasonal activities, and time spent visiting with family and friends.

*Gisele Carbone Kruger MHA, LNHA*  
*Administrator*



## Lincolnwood Activities

April is here, and at Lincolnwood we are excited to welcome the spring season with a variety of fun activities for everyone to enjoy! 🌸

We will kick off the month with a few laughs as we celebrate April Fools' Day. Be ready for some lighthearted fun as we welcome warmer weather and the start of spring.

Join us for a delicious brunch on Friday, April 3rd. Come and enjoy great food and great company as we gather together to start the month. RSVP is required for brunch, so please be sure to sign up ahead of time. Our popular Monday Bingo will continue throughout April, along with bus trips to go out to eat and enjoy some shopping around the community. These outings are always a great way to get out, socialize, and enjoy the fresh spring air. On April 11th, we will celebrate National Pet Day! Pets bring so much joy to our lives, so we encourage everyone to share photos or stories about their beloved furry friends. 🐾 Later in the month, we will be hosting a Community Easter Egg Hunt. Bring your families to enjoy a wonderful day of Easter fun! There will be Easter egg hunting, chances to win Easter baskets, fun photo props for pictures, and more for everyone to enjoy. 🐰 🥚

We look forward to a bright and cheerful April filled with laughter, friendship, and springtime fun! 🌸

*Sidney Pritchard*  
AL Recreation Program Director

## Environmental Services News

### 🧼 *Cleaning Tip of the Month* 🧼

Did you know that many everyday items are touched dozens of times each day? Door handles, handrails, keypads, and light switches can collect germs quickly. Our Environmental Services team regularly disinfects these high-touch areas throughout the day to help reduce the spread of illness and keep our residents safe.

We are proud of the care and dedication our Environmental Services staff show every day in helping make our community clean, comfortable, and truly feel like home. ❤️

*Misty Grover*  
Environmental Services Supervisor



# HAPPY WORK ANNIVERSARY!

*For the month of April*



04/04 – Susan Burgin – 17 yrs.  
04/13 – Katelyn Wedding – 1 yr.  
04/16 – Susan Dinan – 50 yrs.  
04/19 – Leslie Popham – 4 yrs.  
04/26 – Audrey Payne – 43 yrs.

# HAPPY BIRTHDAY

04/01 – Susan Dinan  
04/03 – Norma Vande Vegte  
04/05 – Elizabeth Vesper  
04/06 – Norma Jean Heer  
04/06 – Katelyn Wedding  
04/07 – Dean Refle  
04/08 – Kristen Willenborg  
04/09 – Helen Wulfekuhle  
04/17 – Sandra Refle  
04/21 – Sharon Weepie  
04/21 – Alo Kimball  
04/23 – Dortha Hastings  
04/24 – Tessa Hansel  
04/29 – Jean Zittergruen

## Dietary News

### ☀️ Meet Our New Dietary Supervisor ☀️

Hello everyone! My name is Misty Grover, and I'm thrilled to introduce myself as the new Dietary Supervisor here at our home. I look forward to working with residents, families, and staff to provide meals that are not only nutritious but also enjoyable!

I've been part of the ECH family since 2009, starting in housekeeping, then moving to CNA, and later serving as Environmental Supervisor. I'm excited to now take on the role of Dietary Supervisor while continuing my work as Environmental Supervisor.

I'm passionate about serving our residents and families and can't wait to make a positive impact on our community! ❤️

## 🎉 Happy Occupational Therapy Month! 🎉

💜 Celebrating Our Amazing OT Team! 💜



💡 Did You Know?  
OTs help with:  
• Daily living skills  
• Strength & mobility  
• Memory & cognition  
• Hobbies & creativity

Helping residents live life to the fullest—one skill, one step, one smile at a time! 💜

Thank you for all you do!

☀️ #OccupationalTherapyMonth | #OTHeroes ☀️