



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation
Month

Say Something Nice Day
June 1

National CNA Week
June 11-17

World Blood Donor Day
June 14

Men's Health Week
June 15-21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog
to Work Day
June 26

Edgewood Pro Rodeo
Days Parade
June 27

Nursing News

🎓 Student Spotlight: Abby Bockenstedt 🏥

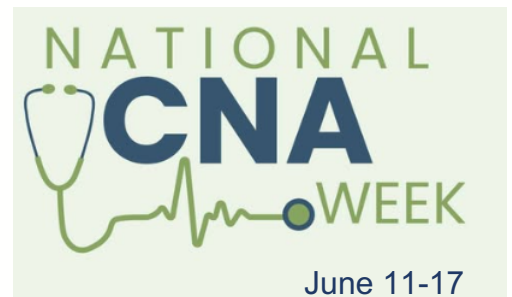


ECH was pleased to welcome Abby Bockenstedt, a senior at Ed-Co High School, who spent her final semester shadowing our nursing staff. During her time at ECH, Abby gained valuable experience learning about 🧴 medications, 💊 treatments, 📄 resident assessments, and the daily operations of long term care nursing.

Abby showed great interest, compassion, and dedication throughout her experience, and it was a pleasure having her as part of our team. ❤️ We are excited to see where her future in nursing takes her and wish her continued success in all of her future endeavors. 🌟

Good luck, Abby — your future patients will be lucky to have you! 🙌 ✨

Wynn Christen RN
Director of Nursing



☀️ ECH June Activities Message ☀️

Summer is almost here, and we are looking forward to the warmer weather and all the fun that comes with it! June is shaping up to be a busy and exciting month filled with activities, special events, and opportunities to enjoy the sunshine.

This month, residents will have the chance to attend two local parades. We will kick off the month by participating in the **Strawberry Days Parade**, and later we will join in the fun of the **Edgewood Pro Rodeo Days Parade**. These community events are always a wonderful time for residents, staff, families, and volunteers alike.

We have many creative craft projects planned throughout the month, as well as plenty of outdoor activities to help us take advantage of the beautiful summer weather. Fresh air, sunshine, and good company make for a perfect combination!

To celebrate Father's Day, we will be hosting **Donuts with Dad** on **June 21st**. We invite family and friends to join us for this special morning as we honor the fathers and father figures in our lives.

Our annual **Community Rodeo Picnic Luncheon** will be held on **June 25th**. We hope you'll come out and enjoy a delicious meal, great conversation, and community fellowship.

We would also like to extend a heartfelt thank you to all of our Certified Nursing Assistants. During **National Nursing Assistant Week (June 11–17)**, we celebrate their dedication, compassion, and the exceptional care they provide to our residents each and every day. Their hard work does not go unnoticed, and we are grateful for all they do.

As part of the excitement surrounding Edgewood Pro Rodeo Days, we are also looking forward to special visits from **Miss Rodeo Iowa** and **Miss Teen Rodeo Iowa**. Residents always enjoy meeting these distinguished guests and learning more about rodeo traditions.

With so many exciting events planned, June is sure to be a memorable month. Here's to sunshine, laughter, community, and making wonderful summer memories together.

☀️ **Let summer begin!** 🌻 🧑🏻 🎆

Destiny Ortman
Recreation Program Director



From the Desk of the Administrator

● *Preparing to Apply for Facility Medicaid in Iowa*

Understanding the Basics to Support a Smooth Transition

Navigating the long-term care journey often involves financial planning—and for many, that includes applying for Medicaid to help cover the cost of nursing home care. In Iowa, Medicaid can be a vital resource for eligible individuals who need 24/7 skilled care and have limited financial means.

At our facility, we work closely with families to provide guidance throughout the Medicaid application process. Here's a quick overview of what to expect when preparing to apply:

✔ **What You'll Need**

Gathering the right documentation early can prevent delays. Be prepared to provide:

- **Proof of identity** (ID, Social Security card, Medicare card)
- **Bank statements** and financial records for the past 5 years
- **Property and asset information**
- **Insurance policies**
- **Medical records** verifying the need for skilled nursing care

💡 **The Look-Back Period**

Iowa Medicaid has a 5-year “look-back” period to review asset transfers. If assets were gifted or transferred below fair market value during this time, a penalty may delay eligibility.



From the Desk of the Administrator Continued.....

📅 **Start the Process Early**

Because processing can take several weeks, we encourage families to begin as soon as possible. We're happy to assist you in coordinating with the Iowa Department of Health and Human Services (HHS) and can recommend trusted Medicaid advisors if needed.

💬 **We're Here to Help**

Our team is committed to supporting residents and their families throughout the application process. If you have questions about Medicaid eligibility, documentation, or next steps, please don't hesitate to reach out.

*Gisele Carbone Kruger MHA, LNHA
Administrator*

Lincolnwood Activity News

Summer is in full swing at Lincolnwood, and we have lots of fun planned for June!

Tenants can enjoy bus outings to local ice cream shops, scenic summer drives, Ice Cream Socials on the patio, weekly Bingo, and Morning Coffee and Chat. Be sure to mark your calendars for our Annual Rodeo Picnic on Thursday, June 25th! This special event will feature a free, delicious meal, yard games, music, and plenty of fun for everyone to enjoy. It is always one of the highlights of the summer, and we would love for you to join us.

Don't miss out on all the excitement this June at Lincolnwood, come out, join the fun, and celebrate summer with us!

Sidney Pritchard
AL Recreation Program Director

🌟 Congratulations 🌟



We are excited to share that our very own Gracie has officially earned her Registered Nurse (RN) license!

Additional ECH Activity News



Welcome Delaney Bergan!

This summer, we are excited to welcome

Delaney Bergan to the Activities Department as an intern working alongside Destiny. Delaney is currently an Occupational Therapy student at the University of Minnesota and will be gaining hands-on experience in both Skilled Nursing and Assisted Living settings.

Throughout her internship, Delaney will focus on enhancing the well-being, quality of life, and daily functioning of older adults. She will be providing mindfulness tools and resources, practicing strategies that support healthy aging, and helping residents integrate techniques that can reduce physical and mental challenges associated with aging.

We are thrilled to have Delaney as part of our team this summer and look forward to the positive impact she will have on our residents and community. ❤️ 🌟 🎉





06/04 – Amy Jo Connolly
 06/05 – Lindsey Swales
 06/07 – Dorothy Anthes
 06/08 – Freida Brown
 Kathleen Carpenter
 06/12 – Dale Crippen
 06/15 – Marvin Kahr
 06/20 – Karen Meese
 06/23 – Margaret Lincoln
 06/26 – Sandra Motland
 06/28 – Elaine Wulfekuhle

06/02 – Alyson Meyer – 1yr
 Alyssa Wille – 1yr
 06/05 – Morgan Brouwer – 2yrs
 06/13 – Tessa Hansel – 18yrs
 06/18 – Jayden Grover – 1yr
 06/20 – Kara Knipper – 1yr
 06/21 – Lily Roling – 3yrs

In Loving Memory

THANK YOU

LOVE CNAS LOVE

FOR ALL THAT

YOU DO

