

July 2026



Edgewood | Lincolnwood
convalescent home | assisted living

• CELEBRATING **65** YEARS OF KIND, COMPASSIONATE CARE •



Celebrating July

UV Safety Month

**Parks and Recreation
Month**

Family Golf Month

**National Postal Worker
Day**

July 1

World UFO Day

July 2

Independence Day (U.S.)

July 4

**National Therapeutic
Recreation Week**

July 5-11

**National Fried Chicken
Day**

July 6

National French Fry Day

July 13

**National Gorgeous
Grandma Day**

July 23

Christmas in July

July 25

National Intern Day

July 30

From the Desk of the Administrator

This year marks two very special milestones. As our nation celebrates its 250th Anniversary, Edgewood Convalescent Home proudly celebrates 65 years of serving our community. For 250 years, America has been built on values of perseverance, service, compassion, and community. For the past 65 years, those same values have guided our mission as we have cared for generations of families right here in Edgewood.

As we reflect on our history, we are reminded that many of our residents have not only witnessed history—they have helped create it. They have served our country, raised families, built businesses, worked farms, taught children, and strengthened communities. Their stories are woven into the fabric of both our nation and our local community. Since opening our doors, Edgewood Convalescent Home has had the privilege of walking alongside thousands of residents and families through life's journeys. What began as a commitment to providing quality care has grown into a tradition of compassion, dignity, and service that continues today.

Just as America has evolved and adapted over the past 250 years, our facility has grown and changed over the past 65 years. Through every challenge and every success, one thing has remained constant: our dedication to caring for those who call our facility home. As we celebrate these milestones, we honor the residents, families, volunteers, staff members, and community supporters who have made our story possible. We are grateful for the trust placed in us over the past 65 years and look forward to continuing our mission for generations to come.

Here's to 250 years of America, 65 years of caring, and the countless stories that connect them both. Happy Birthday, America. Happy Anniversary, Edgewood Convalescent Home!!!

*Gisele Carbone Kruger MHA, LNHA
Administrator*

Restorative Reflections

The Benefits of Daily Movement

Did you know that regular movement can help improve strength, balance, flexibility, and overall well-being? ☀️ Through our restorative program, residents participate in activities tailored to their individual abilities and goals.

Whether it's walking down the hallway 🚶 , practicing transfers 🪑 , or exercising from a chair 🪑 , every movement matters! Staying active helps promote independence, confidence, and a healthier lifestyle. ❤️ 😊

Keep moving, keep smiling, and keep thriving! 🌻 🏠

Audrey Payne LPN
Restorative Nurse

Environmental Services News

As we welcome the summer season, our Housekeeping Team continues working hard to keep our facility clean, comfortable, and inviting for residents, families, and staff. From daily cleaning routines to special projects, their dedication helps create a safe and pleasant environment for everyone. Thank you to our housekeeping staff for the care, attention to detail, and teamwork they bring each day. Your efforts make a difference and are greatly appreciated!

Misty Grover
Environmental Services Supervisor

Nursing News

☀️ Enjoying Summer Safely ☀️

As the weather warms up, we encourage families to take residents outdoors to enjoy fresh air, family gatherings, and community events. Before an outing, please notify facility staff and ensure your loved one has any necessary medications or assistive devices.

Residents should wear weather-appropriate clothing, including hats and lightweight attire, and sunscreen should be applied before going outside. Please also bring plenty of water and encourage regular hydration to help prevent dehydration and heat-related illness.

With a little planning, summer outings can be safe, enjoyable, and full of wonderful memories. Bring on the sunshine! 🌻 🌻 🌻

Wynn Christen RN
Director of Nursing



- 07/02 – Jessica Osterkamp – 12 years
- 07/03 – Maleah Schnell – 1 year
- 07/05 – Teresa Bunting – 2 years
- 07/07 – Kim Wilson - 23 years
- 07/21 – Trudi Schnell – 2 years

A Taste of Summer 🌞🍉

With summer here, our Dietary Team is excited to bring fresh flavors and seasonal favorites to the table! Residents can look forward to refreshing fruits, garden-inspired sides, and special summer treats throughout the season.

We would like to thank our dedicated Dietary Team for their hard work, creativity, and commitment to providing enjoyable dining experiences every day. Their efforts help make mealtimes both nutritious and enjoyable for our residents.

We hope everyone enjoys the delicious tastes of summer! 🍷🍓🌻🍴

Misty Grover
Dietary Supervisor



Greetings from Lincolnwood Assisted Living

July is one of the most exciting months of the year! Filled with sunshine, celebrations, and summertime memories, it's a month that brings people together and encourages us to enjoy the outdoors.

Did you know that July was named after Julius Caesar? Before that, it was called *Quintilis*, meaning "fifth month" in the ancient Roman calendar.

July is best known for Independence Day on July 4th, a time to celebrate our nation's freedom with parades, picnics, fireworks, and family gatherings.

The birthstone for July is the ruby, symbolizing love, courage, and good fortune. July's birth flowers, the larkspur and water lily, add beauty and vibrant color to the season.

July is also National Ice Cream Month—the perfect excuse to enjoy a cool treat on a warm summer day! 🍦

Here at Lincolnwood, we are looking forward to a month filled with fun activities, social gatherings, and making wonderful summer memories together. We hope everyone enjoys the sunshine, stays safe in the summer heat, and takes time to appreciate all the joys that July has to offer.

Wishing you a happy and healthy July! 🌞🌻

Leslie Popham
AL Director

Activities in Action

Summer is off to a great start at Edgewood Convalescent Home! Residents have been enjoying local parades, golf cart rides, and spending quality time outdoors with family and friends.

July is packed with exciting activities! Residents will enjoy a variety of crafts, step back in time by learning about Colonial Williamsburg, and test their knowledge with a game of 13 Colonies Bingo. We'll also welcome Olivia from Osborne for a special turtle presentation, along with fun cooking demonstrations featuring BLT Dip, Hot Honey French Fries, and another delicious visit from Chef Jacob.

We'll finish the month with painting, creative art projects, and plenty of opportunities to learn, create, laugh, and make lasting summer memories together! 🌻 🎨 🍷 🧡

Destiny Ortman
Recreation Program Director



- 07/02 – Hayley Hutchinson
- 07/03 – Diana Helle
- 07/06 – Destiny Ortman
- 07/06 – Tessa Bockenstedt
- 07/10 – Susan Peterson
- 07/12 – Diane Schmelzer
- 07/15 – Abby Cummer
- 07/22 – Sarah Tibbott
- 07/24 – Angelia Timmerman
- 07/26 – Jordan Cameron
- 07/27 – James McKenna
- 07/30 – Debra Ingles
- 07/31 – Renae Kraus



In Loving Memory

