

August 2026



Edgewood | Lincolnwood
convalescent home | assisted living
kind • compassionate • care



Celebrating August

Read a Romance Month

Golf Month

Family Fun Month

National Sunflower Day

August 1

Purple Heart Day

August 7

National Bowling Day

August 8

Vinyl Record Day

August 12

National Relaxation Day

August 15

Senior Citizens Day

August 21

National Waffle Day

August 24

**Rainbow Bridge
Remembrance Day**

August 28

Eat Outside Day

August 31

Activities in Action: Squeeze the Day 🍊🍋

August is the perfect time to enjoy the bright, refreshing flavors of citrus! Lemons, limes, oranges, and grapefruit add a burst of flavor to drinks, desserts, and summer recipes. Whether it's a glass of lemonade, a slice of lemon meringue pie, or a juicy orange, citrus is a delicious way to beat the heat.

Don't forget these fun August food holidays:

- 🍊 **Aug. 14:** National Creamsicle Day
- 🥧 **Aug. 15:** National Lemon Meringue Pie Day
- 🍋 **Aug. 29:** National Lemon Juice Day
- 🍇 **Aug. 31:** National Grapefruit Juice Day

This August, enjoy a little citrus and *Squeeze the Day!*

Destiny Ortman

Recreation Program Director

Nursing News

August is National Immunization Awareness Month, a timely reminder of our ongoing commitment to keeping your loved ones safe and healthy. Our dedicated nursing department is actively reviewing and updating vaccine schedules for all residents to ensure maximum protection against seasonal and infectious illnesses. We encourage family members to partner with our clinical staff this month to discuss any questions regarding upcoming seasonal immunizations.

Wynn Christen RN
Director of Nursing



From the Desk of the Administrator

Medicaid & Enrollment Support (IHCA)

At Edgewood Convalescent Home, we understand that applying for Medicaid can be a complicated and stressful process for residents and their families. That is why we are grateful for the support provided by the Iowa Health Care Association's Enrollment Support team. They work closely with our staff and families to help navigate the application process, gather required documentation, and resolve issues that may delay eligibility. This partnership has been a valuable resource in helping ensure our residents receive the benefits they qualify for while allowing us to continue focusing on providing the highest quality of care.

Gisele Carbone Kruger MHA, LNHA
Administrator

Welcome to Lincolnwood Assisted Living!



Contact Us:
(563)928-7173
If you are 55 years or older
and you want peace of
mind, call us!

3 sizes of apartments!


FOR RENT

Enjoy comfortable, worry-free living in a welcoming small-town community!

 We offer Independent

& Assisted Living with three apartment sizes to choose from. 

Dietary News

Good nutrition is an important part of staying healthy and feeling your best. Our Dietary team is dedicated to serving meals that are nutritious, flavorful, and prepared with care every day.

- *Nutrition Tip:* Fill your plate with a variety of colorful fruits and vegetables to get important vitamins and minerals.
- *Hydration Reminder:* Drinking enough fluids throughout the day helps support energy, digestion, and overall health.

Thank you for letting us be part of your day. We appreciate your feedback and are always looking for ways to make mealtime enjoyable!

Misty Grover
Dietary Supervisor



 Your monthly rent includes:

-  Two meals daily
-  Housekeeping
-  Laundry services
-  Medication management
-  Cable TV
-  Wi-Fi
-  Utilities
-  Snow removal
-  Lawn care

...and so much more! 

Lincolnwood Activities

July was another wonderful month at Lincolnwood Assisted Living, filled with fun activities, laughter, and time spent together. As we welcome August and watch children head back to school, we're enjoying the last sweet days of summer with special celebrations for National Ice Cream Sandwich Day (Aug. 2), National Watermelon Day (Aug. 3), and National Chocolate Chip Cookie Day (Aug. 4). Residents will also enjoy bus outings to local restaurants and ice cream shops, caring for our garden as tomatoes, strawberries, peppers, and cucumbers become ready to harvest, helping prepare sweet corn to enjoy, and staying cool indoors with games and refreshing Happy Hours.

We are excited to begin preparing for National Assisted Living Week, which will be celebrated September 13–19. We look forward to a fun-filled week of special activities, celebrations, and creating wonderful memories with our tenants. Stay tuned for more details!

Here's to another great month of summer fun and making memories together!

Sidney Pritchard
AL Recreation Program Director



OFFERING A HELPING HAND
ALONG WITH
smalltown friendliness

News From Environmental Services

A clean environment helps keep everyone safe, healthy, and comfortable. Simple actions like cleaning up spills promptly, keeping walkways free of clutter, and reporting maintenance concerns help create a welcoming home for all.

Thank you to our Housekeeping team for the care and pride you put into making our facility shine every day!

Misty Grover
Environmental Services Supervisor



August Anniversaries

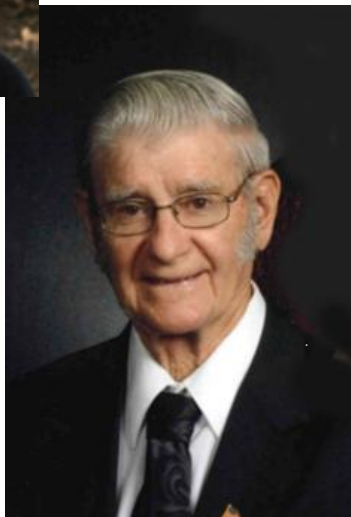


August 3rd- Destiny Ortman (11 years) August 24th- Abby Cummer (3 years)
August 5th- Misty Grover (17 years) August 25th- Carol Worsham (18 years)
August 8th- Tessa Bockenstedt (3 years) August 30th- Brielle Baliff (2 years)
August 12th- Travis Jaster (13 years)

Every year of service tells a story of dedication, growth, and making a difference. Congratulations to these team members celebrating their work anniversary this month! Thank you for your continued commitment to our residents, coworkers, and our community! We appreciate everything you do and are proud to be able to celebrate this milestone with you!



IN LOVING
Memory



Summer Safety and Staying Active

Warmer weather provides great opportunities to get moving outdoors. Residents can enjoy walks, outdoor activities, and fresh air while working on their restorative goals. Remember to stay hydrated, wear appropriate clothing, and use sunscreen when spending time outside during the summer months.

*Audrey Payne LPN
Restorative Nurse*



08/01 - Misty Grover
08/05 - Travis Jaster
08/09 - Terry Norberg
08/10 - MaryKay Wall
08/13 - Kim Wilson
08/17 - Kari Necker
08/20 - Judy Wulfekuhle
08/25 - Kara Knipper
08/26 - Carter Shaffer
08/29 - Bonnie Bassett